

FlorMidabilTM

BUSTINE

Dietary supplement of lactic ferments with *S. Boulardii*, with a probiotic activity

THE HUMAN MICROBIOME

If we could count the different types of cells which make up the human body, we would discover that together with 10 trillion human cells, our body contains about 10 times as many (100 trillion) bacterial cells, largely localized in the digestive tract. In an adult weighing 70 kg, these bacteria weigh approximately up to 1.6 kg, i.e. nearly as much as the brain or liver. The set of these bacteria is defined as "human microbiome" and represents the complex of microorganisms that physiologically live in symbiosis with our body and are also fundamental for our survival.

THE INTESTINAL MICROBIOME

The intestinal bacterial flora, also known as "intestinal microbiome", is the set of bacteria that live in the human intestine. Each part of the intestine is colonised by specific classes of these bacteria.

The **functions performed by the intestinal microbiome** are numerous:

- **metabolic** (producing vitamins, anti-inflammatory immunoglobulins and other useful substances)
- **protective** (defending the mucosa from the proliferation of pathogenic species)
- **structural** (optimising the function of the colon and the decrease of the faecal pH)

In physiological conditions a dynamic balance exists among the various species of bacteria, but certain factors can alter it.

In the presence of such alterations, **it is helpful to take probiotics** (lactic ferments), constituted by microorganisms which reach the intestine alive, colonise it and prevent the proliferation of other potentially harmful bacterial species.

A balanced combination of probiotics, studied to colonize the whole digestive tract and administered at a high concentration, has a greater chance of achieving this result.

FLORMIDABIL STOP

Flormidabil Stop is a food supplement developed in a **Unique and Exclusive Formula** of lactic ferments with *S. Boulardii*, with a probiotic activity.

For a completeness of action, it contains **80 billion clinically tested** live microorganisms, in **5 different strains**, belonging to the following groups:

- **Lactobacilli**, mainly found in the small intestine (the first part of the intestine).

It is also known as "small intestine".

- **Bifidobacteria**, mainly found in the colon, which is part of the large intestine (it is the second and last part of the intestine). The latter is also known as "large intestine".

- **Yeasts**, to which belongs the strain *Saccharomyces Boulardii*. It is a yeast that is able to resist the acidity of the stomach, that reaches the intestine alive and vital, and keeps its properties unchanged.

Flormidabil Stop is a food supplement based on probiotics that favour the balance of the intestinal flora.

A lack of equilibrium of the intestinal flora might sometimes determine the appearance of diarrhoeic states.

Flormidabil Stop can be used in treatment cycles.

Instructions for use (for adults and children over the age of 12)

Take one sachet per day, by letting it dissolve directly in your mouth or diluting it in a glass of water or of another liquid that is not hot. Take the product at a convenient time of the day (for example: just before or just after a meal) while observing an interval of at least three hours after any antibiotic intake.

Flormidabil Stop is a gluten-free and lactose-free product. It also does not contain soy, GMOs, aspartame, acesulfame, and is compatible with a vegetarian and vegan diet. **Flormidabil Stop** can be taken by pregnant or breast-feeding women after they have consulted their doctor.

WARNINGS

Do not exceed the recommended daily dose. Food supplements are not intended as a substitute for a varied and well-balanced diet and a healthy lifestyle. Keep out of the reach of children under three years of age.

STORAGE CONDITIONS

Store at a temperature lower than 25°C; avoid exposure to localised heat sources, to solar rays, and store in a dry place. The expiry date refers to the correctly stored product with its packaging intact.

Nutritional information	Per daily dose (1 sachet)
Flormidabil Sandoz Formula of which:	70 billion CFU
<i>Bifidobacterium lactis</i> (BL-04)	52.5 billion CFU
<i>Lactobacillus acidophilus</i> (LA-14)	14 billion CFU
<i>Lactobacillus plantarum</i> (SDZ-11)	2.8 billion CFU
<i>Lactobacillus paracasei</i> (SDZ-22)	0.7 billion CFU
<i>S. Boulardii</i>	10 billion CFU

CFU: Colony Forming Units

Sandoz S.p.A.

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